

Stop the infection of discrimination. Spread appreciation.

He is sad because some people tell him that he will spread COVID-19.

①



I was infected with
COVID-19.

②



Doctors did their best to cure me of
COVID-19.

③



I have recovered and my family is glad.

④



But I am bullied by friends who
say that I will spread COVID-19.

Why does this happen?
What should we do?

We must not bully or isolate a friend
because he/she was/is infected with
COVID-19.

The people fighting against COVID-19

It's been a long while since you went to school and you've seen friends you haven't seen in a long time. But remember, even now there are people who are working hard.

Let's show kindness and send kind messages to the doctors, nurses, medical technicians, garbage collectors, and others fighting against COVID-19.

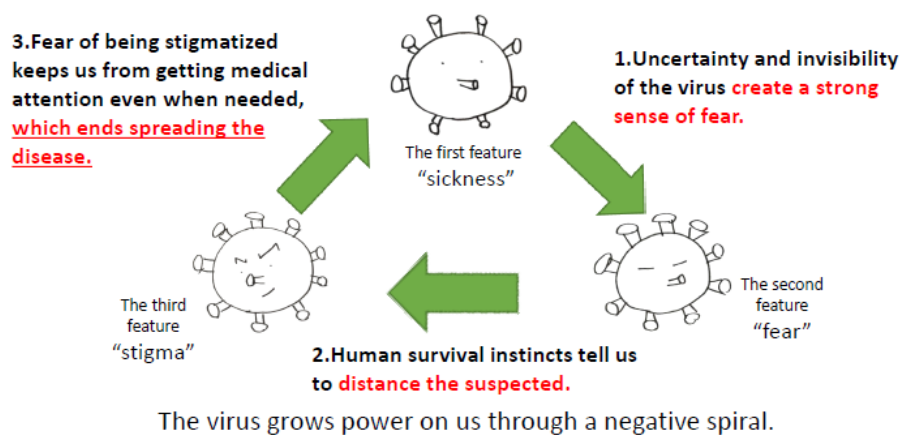


To parents

Please read the following with your child(ren).

In order to resolve the uneasiness that leads to prejudice and discrimination, it is important to acquire correct information, not constantly focus on bad news, and not sympathize with discriminatory behavior. Prejudice and discrimination are absolutely unforgivable. A frightening aspect of COVID-19 is that it brings uneasiness, which brings discrimination, which brings further spread of the disease. We must stop this vicious cycle.

How do the three "infectious features" structure a negative spiral?



The above article is excerpted from the Japanese Red Cross Society's HP:
Three faces of COVID-19 we must be alert to - A guide to breaking the negative spiral -